

# SPORTS DAY 2020

Mon

- Decide on a name for your Sports Day- you might want to include your family surname, street name or area that you live.
- Create a poster to advertise your Sports Day. Remember to include the date/time/location. Your poster should be A4 size and **must** use 2 contrasting colours from the colour wheel.



# SPORTS DAY 2020

Tues

- Decide around 4 or 5 sporting activities you want to include in your event. You might want to consider what the weather forecast looks like for Friday!
- Write down your chosen activities and make a list of any equipment you need.
- Start to gather equipment. (With the permission of an adult.)



# SPORTS DAY 2020

Wed

- Design number cards to be worn by the participants during the event. These should include your event name and the same colour scheme as your advertisement posters.
- Create medals or certificates to reward the winners of each event.



# SPORTS DAY 2020

Thurs

- Plan some healthy snacks for the participants to enjoy after the event. There are some easy examples in the files.
- The athletes will also need plenty of water to keep them hydrated- you might want to make up some ice if you have bags or trays to do so!



# SPORTS DAY 2020

Fri

- Set up your events and arrange any equipment that you need.
- Lay out medals/certificates ready to present to winners.
- Prepare snacks/water.
- Wish all participants good luck and remind them about the importance of being a good sport!
- LET THE GAMES BEGIN! ENJOY!

